

## HAPPY HAVEN HERALD

*August 2020 Issue 2*

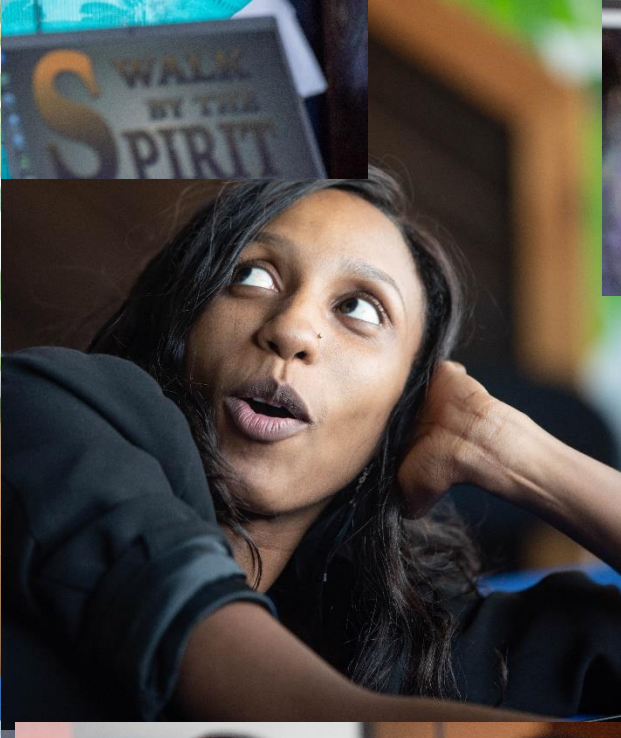
Last month we had our very first Leadership Connect. The office staff, program supervisors, and team leads got together for a day of learning & laughter! Our very own Amanda and Gael Karomba, Darlene Tranquilli, and Angela Berry were our speakers. We learned what qualities it takes to lead and how to communicate with one another more effectively. Everyone participated and shared their thoughts with each other. It was a great learning experience for all that attended. We played games, ate amazing African cuisine, and then staff were recognized for their hard work and dedication with awards. *A special congratulations* to Marcel and Goreth for supporting Happy Haven and everything it stands for two years!!!!



MARCEL RWAGASORE  
&  
GORETH NTIRABAMPA









RECIPE  
*of the*  
MONTH



## SABUSA

### For the Filling:

- 1 Pound Ground Beef
- 1 Chopped Onion
- 1 Chopped Green Onion
- 1 Clove of Garlic
- 1 Green Chili
- 2 tbs cilantro
- Coriander, Cumin, Cardamom, Salt & Pepper

### For the Wrappers:

- 3 Cups All-Purpose Flour
- 1 Cup Warm Water
- 2 tbs oil

\*Oil for frying





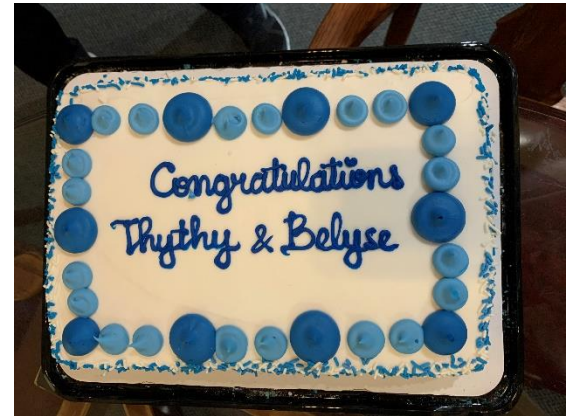


# DSP of the Month

August 2020

*Thythy Mutshipayi & Belyse Ndayishimiye*

Happy Haven would like to recognize and **congratulate** two special DSP's this month! We appreciate and see your hard work, and so do your Program Supervisors. Thythy was nominated by Hope for being a humble, respectful, hard working man. Belyse was nominated by Ella for being hardworking and always going above and beyond. Rumor has it she never sits still-if it needs to be done, she is doing it! Thank you both for your dedication to the consumers...







# Haven Help

**Communication** is essential in all relationships, including the workplace. It is especially important to communicate well with our Happy Haven friends, but also between staff.

**Communication Tips-**

- First, actively listen
- Be open minded
- Pay attention to the speaker's body language
- Do not interrupt
- Focus on the message, not just the words

**Your Turn-**

- Ask questions
- Repeat and confirm what you are hearing
- Be empathetic
- Think before you respond
- Speak clearly and watch your tone
- Allow questions

**Building** positive relationships through communication ensures a more cohesive work environment and in turn less stress for everyone. Effective communication is also an important factor in caring for our HH Friends. It is also important to remember that our HH Friends may not have the ability to communicate effectively or express what he or she is trying to convey. So, **patience** is key. Because he or she may lack communication skills, it is also important to assist with allowing his or her voice to be heard when you are out in the community.



**UPCOMING....**

**First Time Safety Care**

**Safety Care Recert**

- 9/14 9am-5pm
- 9/24 9am-5pm

Training Room

**First Time CRMA**

- 9/1, 9/8, and 9/15

9:30am-2:30pm  
ZOOM

**CRMA Recert**

- 9/22 9:30am-2:30pm

ZOOM

**FA/CPR**

- 9/21 9am-NOON
- 9/21 1pm-4pm

Training Room

**DSP LIVE**


**\*\*PLEASE WATCH FOR EMAILS TO SEE IF YOU ARE SIGNED UP FOR TRAININGS\*\***



**JOIN US!**

**Knit Wits**  
Tuesdays  
5-6pm

DJ is a great teacher and we have lots of laughs!




# HAVEN FEATURE

Sometimes when a person is growing up, it may seem as if the hard times have no purpose. It isn't typically until later in life we view the hard times as stepping stones. Stones that build character paths to who we are meant to become. There is strength to be found in all of us, if we can overcome and embody faith. Without hope and faith, some might feel lost with no sense of direction- but not [Darlene Tranquilli](#). She has given her trust unto God to guide her even through rough waters.

She grew up bouncing between foster homes and what should have been a safe haven with her mother, in the projects of Philedelpia, PA. Instead, her mother was dysfunctional and lacked the ability to nurture her the way we imagine a mother should. Not only did her mother suffer from many ailments, her sister was non-verbal, mentally challenged, severely Autistic and required much assistance. Later her sisters life was taken by bone cancer; "free from a life of bondage and not being able to speak or communicate".

Those times were the beginning of Darlene's journey, even if she didn't realize it at the time. Because of her younger years caring for others when she should have been cared for, she possesses compassion, empathy, courage, and strength; all qualities one needs to be a mentor or a leader. She didn't have anyone to mentor her in the sense of the title, but the insecure relationships while growing up, have prepared her for a future filled with others who would look to be mentored by her.

She spent her early adulthood caring for others while learning to care for herself. Then utilizing her faith, caretaking abilities, and education to build a home for others who needed someone to care for them. Her unselfish passion has driven the vehicle to her success and to the here and now.

Now she is the Chief Operating Officer here at Happy Haven. She could have taken her knowledge and inspiration anywhere; but she chose to support Amanda and Gael because of their devotion and love toward their staff and the consumers we all serve. She chose to join the family and embrace the mission. There is no way to know if she has reached her final destination, but for now she is here with us. Our sister, our guide.

Darlene will continue to spend her time empowering and motivating all of the HH family through top notch trainings, events, and things behind the scenes she has been entrusted to do. She continues to take others under her wing and show them, YES YOU CAN. She is an intricate part of a team promoting and ensuring the growth of the consumers, staff, and the company as a whole.

She wants each and every one of us to learn to see the bigger picture, help each other succeed, and become the leaders she knows we can be. She wants the consumers and staff alike, to feel [HOME](#).

So, when you stop by the office, say hi to our friend Darlene Tranquilli....oh and if you want to butter her up- bring her some sweets, she has a sweet tooth "as big as Texas"!!

"Power isn't control at all-power is strength, and giving that strength to others. A leader isn't someone who forces others to make him stronger; a leader is someone willing to give his strength to others, that they may have the strength to stand on their own"....



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CREATED BY HAPPY HAVEN STAFF

